

# Verifiable CPD - Enhanced Continuing Professional Development and Personal Development Planning

Please select one answer for each question

1 Why is it important to undertake Continuing Professional Development (CPD) ?

- a) It is a requirement of registration
- b) It is an important part of maintaining the GDC standards
- c) It makes an important contribution to patient safety
- d) All of the above

2 After the end of your five year cycle, how long are you required to keep your CPD records for?

- a) You can dispose of them as soon as your cycle has ended
- b) 1 year
- c) 5 years
- d) 2 years

3 Which of the following statements is true?

- a) You have to complete 10 hours verifiable CPD in medical emergencies, 5 hours in disinfection and decontamination and 5 hours in radiography in every 5 year cycle
- b) It is highly recommended that you complete 10 hours verifiable CPD in medical emergencies, 5 hours in disinfection and decontamination and 5 hours in radiography in every 5 year cycle
- c) You have to complete 10 hours non verifiable CPD in medical emergencies, 5 hours in disinfection and decontamination and 5 hours in radiography in every 5 year cycle
- d) All core subjects are compulsory

4 Which of the following is NOT a role of the GDC?

- a) To set standards for education and ensure trainees are taught the right skills
- b) To maintain a register of dentists and dental care professionals and check that people meet the requirements to be on the register
- c) To investigate allegations of 'impaired fitness to practise'
- d) To protect the dentist or DCP if they are treated unfairly in the workplace

5 What does the new enhanced CPD programme plan to do?

- a) Focus on an 'upstream' approach by reducing the risk of the patient coming to harm or risk of harm
- b) Ensure that dental professionals are completing CPD relevant to their field of practice
- c) To focus the dental professional on following the GDC professional standards
- d) All of the above

6 Which of the following will be requirements of the new enhanced CPD

- a) To complete 75 hours of verifiable CPD over the five year cycle
- b) To complete a PDP
- c) To practice reflective practice
- d) All of the above

7 A dental hygienist is 2 years into the cycle of the new enhanced CPD programme and has completed 75 hours of verifiable CPD. How many hours of CPD will she/he be required to complete over the next 2 years of the cycle?

- a) None
- b) At least 10 hours
- c) 20 hours
- d) 30 hours

8 A dental hygienist has a CPD cycle that runs from 2017-2022 and so will be mid cycle when the new enhanced CPD starts. How many non verifiable CPD hours will be required?

- a) None
- b) 100 hours

- c) At least 10 hours over 2 years
- d) 20 hours (worked out using the transition tool)

9 How many GDC development outcomes are there?

- a) 4
- b) 3
- c) 2
- d) 5

10 Which of the following statements is true?

- a) The GDC will approve a list of CPD providers
- b) As long as a provider says that the CPD is verifiable then it is admissible
- c) It is the responsibility of the dental professional to ensure that the CPD meets the required verifiable CPD criteria which is set by the GDC
- d) As long as a certificate is provided the CPD can be classed as verifiable

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- Very good
- Good
- Not sure
- Poor

Did you find the CPD article clear and easy to understand?

- Very
- Quite
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- Yes
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Did you find this verifiable CPD article useful to enable you to apply it to your work?

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Thank you for your feedback which is a requirement for the GDC. If you have any further comments to add, please do so below. We value your feedback so that we can continue to make improvements to the CPD we provide.

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